# LEWISTON-AUBURN, LEWISTON, AND AUBURN CITY HEALTH PROFILE

Maine Shared Community Health

**Needs Assessment** 

October 10, 2024

#### **How to Read This Document**

This document provides more than 60 health and well-being indicators that describe demographics, health outcomes and behaviors, and conditions that influence our health and well-being. The data come from more than 30 sources and represent the most recent information available and analyzed as of July 2024. Data from several years is often combined to ensure there is enough data to draw conclusions. County comparisons are made in several ways: between two time periods; to the state; and to the U.S. The two time periods can be found within the tables under columns marked, "Point 1" and "Point 2." The majority of comparisons are based on 95% confidence intervals. In some instances, a 90% confidence interval is used and is noted with a "#" symbol. A 95% confidence interval is a way to say that if this indicator were measured over and over for the same population, we are 95% confident that the true value among the total population falls within the given range/interval. When the confidence intervals of two measurements do not overlap, the difference between them is statistically significant. Where confidence intervals were not available, no indicator of significant difference has been made.

The tables use symbols to show whether there are important changes in each indicator over time, and to show if local data is notably better or worse than the state or the U.S. Additional symbols are used to note when data may be too small for statistical reliability and suppressed due to a small number of responses and when data is pending (available at a later date) or unavailable.

See the box below for a key to the symbols:

	CHANGE shows statistically significant changes in the indicator over time, based on 95% confidence interval (see description above).									
*	means the health issue or problem is getting better over time.									
!	means the health issue or problem is getting worse over time.									
0	means the change was not statistically significant.									
N/A	means there is not enough data to make a comparison.									
#	means compared at 90% Confidence Interval.									
	BENCHMARK compares Lewiston-Auburn, Lewiston, and Auburn data to county and state data, based on 95% confidence nterval (see description above).									
*	means Lewiston-Auburn, Lewiston, Auburn is doing significantly better than county or state average.									
!	means Lewiston-Auburn, Lewiston, Auburn is doing significantly worse than the county or state average.									
0	means there is no statistically significant difference between the data points.									
N/A	means there is not enough data to make a comparison.									
#	means compared at 90% Confidence Interval.									
ADDIT	IONAL SYMBOLS									
*	means results may be statistically unreliable due to small numbers, use caution when interpreting.									
~	means suppressed data due to a small number of respondents.									
^	means data is pending.									
_	means data is unavailable.									

## **Data for Lewiston-Auburn**

	Lewiston-Auburn			E	Benchma	Benchmarks		
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-	
Overall Mortality								
Overall death rate per 100,000 population	2015-2019 <b>892.2</b>	_	N/A	2018-2022 <b>924.5</b>	N/A	2018-2022 <b>844.3</b>	N/A	
Health Care Quality								
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2018 <b>71.6</b>	2018-2020 <b>54.6</b>	N/A	2019-2021 <b>44.7</b>	!	2019-2021 <b>42.8</b>	!	
Ambulatory care-sensitive condition emergency department rate per 10,000 population	2016-2018 <b>384.2</b>	-	N/A	_	N/A	2018 <b>273.7</b>	N/A	
Cancer								
All cancer deaths per 100,000 population	2015-2019 <b>176.7</b>	1	N/A	2018-2022 <b>167.9</b>	N/A	2018-2022 <b>159.9</b>	N/A	
Colorectal cancer deaths per 100,000 population	2015-2019 <b>13.0</b>	_	N/A	2018-2022 <b>13.1</b>	N/A	2018-2022 <b>12.7</b>	N/A	
Female breast cancer deaths per 100,000 population	2015-2019 <b>19.2</b>	l	N/A	2018-2022 <b>18.3</b>	N/A	2018-2022 <b>16.7</b>	N/A	
Lung cancer deaths per 100,000 population	2015-2019 <b>55.8</b>	1	N/A	2018-2022 <b>45.5</b>	N/A	2018-2022 <b>40.2</b>	N/A	
Prostate cancer deaths per 100,000 population	2015-2019 <b>11.3</b>	-	N/A	2018-2022 <b>14.8</b>	N/A	2018-2022 <b>19.9</b>	N/A	
Tobacco-related cancer deaths per 100,000 population	2015-2019 <b>56.0</b>	I	N/A	2018-2022 <b>56.7</b>	N/A	2018-2022 <b>52.8</b>	N/A	
All cancer new cases per 100,000 population	2014-2018 <b>465.3</b>	2015-2019 <b>468.9</b>	N/A	2019-2021 <b>455.4</b>	N/A	2019-2021 <b>476.0</b>	*	
Bladder cancer new cases per 100,000 population	2014-2018 <b>31.5</b>	2015-2019 <b>29.8</b>	N/A	2019-2021 <b>28.4</b>	N/A	2019-2021 <b>26.4</b>		
Colorectal cancer new cases per 100,000 population	2014-2018 <b>32.1</b>	2015-2019 <b>35.2</b>	N/A	2019-2021 <b>36.4</b>	N/A	2019-2021 <b>35.0</b>	!	
Female breast cancer new cases per 100,000 population	2014-2018 <b>108.9</b>	2015-2019 <b>112.7</b>	N/A	2019-2021 <b>122.3</b>	N/A	2019-2021 <b>135.4</b>	*	

	Lew	iston-Aubur	n	E	Benchma	ırks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Cancer (continued)							
Lung cancer new cases per 100,000 population	2014-2018 <b>83.1</b>	2015-2019 <b>82.0</b>	N/A	2019-2021 <b>71.3</b>	N/A	2019-2021 <b>65.3</b>	!
Melanoma skin cancer new cases per 100,000 population	2014-2018 <b>13.7</b>	2015-2019 <b>14.1</b>	N/A	2019-2021 <b>13.5</b>	N/A	2019-2021 <b>26.6</b>	*
Prostate cancer new cases per 100,000 population	2014-2018 <b>77.7</b>	2015-2019 <b>91.0</b>	N/A	2019-2021 <b>99.1</b>	N/A	2019-2021 <b>106.2</b>	*
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	2014-2018 <b>141.7</b>	2015-2019 <b>146.4</b>	N/A	2019-2021 <b>136.6</b>	N/A	2019-2021 <b>137.2</b>	!
HPV-associated cancer new cases per 100,000 population	2014-2018 <b>14.4</b>	2015-2019 <b>15.4</b>	N/A	2019-2021 <b>15.6</b>	N/A	2019-2021 <b>15.4</b>	0
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	2014-2018 <b>133.0</b>	2015-2019 <b>133.3</b>	N/A	2019-2021 <b>127.0</b>	N/A	2019-2021 <b>138.3</b>	*
Alcohol-associated new cancer cases per 100,000 population	2017-2019 <b>128.8</b>	2019-2021 <b>124.9</b>	N/A	2019-2021 <b>124.9</b>	N/A	2019-2021 <b>135.4</b>	*
Colorectal late-stage new cases per 100,000 population	2014-2018 <b>16.9</b>	2015-2019 <b>20.3</b>	N/A	2019-2021 <b>21.6</b>	N/A	2019-2021 <b>20.7</b>	0
Female breast cancer late- stage new cases per 100,000 population	2014-2018 <b>36.8</b>	215-2019 <b>37.5</b>	N/A	2019-2021 <b>37.8</b>	N/A	2019-2021 <b>41.2</b>	*
Lung cancer late-stage new cases per 100,000 population	2014-2018 <b>60.7</b>	2015-2019 <b>56.8</b>	N/A	2019-2021 <b>45.8</b>	N/A	2019-2021 <b>42.2</b>	!
Cardiovascular Disease							
Cardiovascular disease deaths per 100,000 population	2015-2019 <b>224.5</b>	_	N/A	2018-2022 <b>229.1</b>	N/A	2018-2022 <b>200.4</b>	N/A
Coronary heart disease deaths per 100,000 population	2015-2019 <b>92.9</b>	_	N/A	2018-2022 <b>112.5</b>	N/A	2018-2022 <b>82.0</b>	N/A
Heart attack deaths per 100,000 population	2015-2019 <b>21.2</b>	_	N/A	2018-2022 <b>24.9</b>	N/A	2018-2022 <b>24.6</b>	N/A
Stroke deaths per 100,000 population	2015-2019 <b>42.0</b>	_	N/A	2018-2022 <b>34.1</b>	N/A	2018-2022 <b>29.4</b>	N/A

	Lew	viston-Aubur	n	E	Benchma	ırks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Cardiovascular Disease (contin	nued)						
High blood pressure hospitalizations per 10,000 population	2016-2018 <b>18.9</b>	2018-2020 <b>25.2</b>	N/A	2019-2021 <b>24.8</b>	0	2019-2021 <b>4.5</b>	:
Heart failure hospitalizations per 10,000 population	2016-2018 <b>12.2</b>	2018-2020 <b>3.7</b>	N/A	2019-2021 <b>3.4</b>	0	2019-2021 <b>4.5</b>	0
Heart attack hospitalizations per 10,000 population	2016-2018 <b>24.1</b>	2018-2020 <b>22.0</b>	N/A	2019-2021 <b>20.7</b>	0	2019-2021 <b>18.9</b>	
Stroke hospitalizations per 10,000 population	2016-2018 <b>23.3</b>	2018-2020 <b>20.8</b>	N/A	2019-2021 <b>21.5</b>	0	2019-2021 <b>19.2</b>	0
Diabetes							
Diabetes deaths (underlying cause) per 100,000 population	2015-2019 <b>27.6</b>	_	N/A	2018-2022 <b>33.5</b>	N/A	2018-2022 <b>25.2</b>	N/A
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2018 <b>18.3</b>	2018-2020 <b>17.2</b>	N/A	2019-2021 <b>14.8</b>	0	2019-2021 <b>13.1</b>	!
Diabetes emergency department rate (principal diagnosis) per 10,000 population	2016-2018 <b>56.6</b>	_	N/A	_	N/A	2016-2018 <b>31.2</b>	N/A
Respiratory Health							
Chronic lower respiratory disease deaths per 100,000 population	2015-2019 <b>60.7</b>	_	N/A	2018-2022 <b>58.5</b>	N/A	2018-2022 <b>40.0</b>	N/A
Asthma emergency department rate per 10,000 population	2016-2018 <b>49.5</b>	_	N/A	_	N/A	2018 <b>39.6</b>	N/A
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2018 <b>20.5</b>	2018-2020 <b>15.4</b>	N/A	_	N/A	_	N/A
Pneumonia hospitalizations per 10,000 population	2016-2018 <b>18.5</b>	2018-2020 <b>15.2</b>	N/A	2019-2021 <b>10.6</b>	!	2019-2021 <b>12.0</b>	!
Pregnancy and Birth Outcome	s						
Infant deaths per 1,000 live births	_	2017-2021 <b>5.6</b>	N/A	2018-2022 <b>6.2</b>	0	2018-2022 <b>5.7</b>	0
Low birth weight (<2500 grams)	2018-2019 <b>8.8%</b>	2021-2022 <b>8.5%</b>	N/A	2021-2022 <b>10.6%</b>	0	2021-2022 <b>7.8%</b>	!

	Lewiston-Auburn			Benchmarks			
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Pregnancy and Birth Outcome	s (continued)						
Pre-term live births	2018-2019 <b>8.0%</b>	2021-2022 <b>8.8%</b>	N/A	2021-2022 <b>11.1%</b>	0	2021-2022 <b>9.5%</b>	0
Births to 15-19-year olds per 1,000 population	2018-2019 <b>14.4</b>	_	N/A	2021-2022 <b>10.8</b>	N/A	2021-2022 <b>8.1</b>	N/A
C-sections among low-risk first births	2018-2019 <b>25.7%</b>	2021-2022 <b>32.3%</b>	N/A	2021-2022 <b>28.5%</b>	0	2021-2022 <b>25.5%</b>	*
Smoked during pregnancy	2016-2017 <b>15.5%</b>	2021-2022 <b>14.1%</b>	N/A	2021-2022 <b>10.1%</b>	!	2021-2022 <b>9.1%</b>	!
Infants who are ever breast fed	2018-2019 <b>85.4%</b>	2021-2022 <b>80.9%</b>	N/A	2021-2022 <b>84.8%</b>	!	2021-2022 <b>87.6%</b>	!
Environmental Health							
Lead screening among children (ages 12-23 months)	2016 <b>70.4%</b>	_	N/A	2022 <b>71.5%</b>	N/A	2022 <b>68.5%</b>	N/A
Lead screening among children (ages 24-35 months)	2016 <b>45.7%</b>	_	N/A	2022 <b>50.8%</b>	N/A	2022 <b>46.4%</b>	N/A
Infectious Disease							
Lyme disease new cases per 100,000 population	2017 <b>54.2</b>	_	N/A	2021 <b>57.6</b>	N/A	2022 <b>191.4</b>	N/A
Unintentional Injury							
Injury deaths per 100,000 population	2015-2019 <b>87.9</b>	_	N/A	2018-2022 <b>108.1</b>	N/A	2018-2022 <b>99.4</b>	N/A
Fall-related deaths (unintentional) per 100,000 population	2015-2019 <b>16.4</b>	_	N/A	2018-2022 <b>18.8</b>	N/A	2018-2022 <b>17.5</b>	N/A
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2015-2019 <b>8.6</b>	_	N/A	2018-2022 <b>11.0</b>	N/A	2018-2022 <b>11.7</b>	N/A
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2015-2019 <b>33.6</b>	-	N/A	2018-2022 <b>48.4</b>	N/A	2018-2022 <b>40.7</b>	N/A
Fall-related injury (unintentional) emergency department rate per 10,000 population	2016-2018 <b>435.1</b>	-	N/A	2019-2021 <b>302</b>	N/A	2019-2021 <b>264.3</b>	N/A
Traumatic brain injury emergency department rate per 10,000 population	2016-2018 <b>42.4</b>	_	N/A	2019-2021 <b>34.0</b>	N/A	2019-2021 <b>35.7</b>	N/A

	Lev	viston-Aubur	n	ı	Benchma	rks			
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-		
Intentional Injury									
Suicide deaths per 100,000 population	2015-2019 <b>18.2</b>	1	N/A	2018-2022 <b>17.2</b>	N/A	2018-2022 <b>18.3</b>	N/A		
Firearm deaths per 100,000 population	2015-2019 <b>7.6</b>	_	N/A	2018-2022 <b>10.6</b>	N/A	2018-2022 <b>11.3</b>	N/A		
Mental Health									
Mental health emergency department rate per 10,000 population	2016-2018 <b>371.2</b>	_	N/A	_	N/A	_	N/A		
Oral Health									
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	2016-2018 <b>192.2</b>	_	N/A	_	N/A	2018 <b>126.5</b>	N/A		
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	2016-2018 <b>36.2</b>	_	N/A	_	N/A	2018 <b>18.2</b>	N/A		
Substance Use									
Drug-induced deaths per 100,000 population	2015-2019 <b>37.1</b>	_	N/A	2018-2022 <b>49.4</b>	N/A	2018-2022 <b>55.6</b>	N/A		
Alcohol-induced deaths per 100,000 population	2015-2019 <b>19.8</b>	_	N/A	2018-2022 <b>19.6</b>	N/A	2018-2022 <b>18.6</b>	N/A		
Opiate poisoning emergency department rate per 10,000 population	2016-2018 <b>12.2</b>	_	N/A	_	N/A	2018 <b>8.6</b>	N/A		
Opiate poisoning hospitalizations per 10,000 population (ICD-10)	2016-2018 <b>2.0</b>	2018-2020 <b>2.3</b>	N/A	2019-2021 <b>1.8</b>	0	2021 <b>1.1</b>	!		

## **Data for Lewiston**

		Lewiston		E	Benchm	arks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Demographics							
Population (percent of total Maine population)	2015-2019 <b>2.7%</b>	2017-2021 <b>2.7%</b>	N/A	2017-2021 <b>8.1%</b>	N/A	_	N/A
Veterans	2015-2019 <b>9.5%</b>	2017-2021 <b>8.8%</b>	N/A	2017-2021 <b>9.4%</b>	0	2017-2021 <b>9.2%</b>	0
Transgender youth	2021 <b>1.9%</b>	_	N/A	2023 ~	N/A	2023 <b>4.5%</b>	N/A
Transgender adults	_	2017-2021 <b>1.7%*</b>	N/A	2017-2021 <b>1.7%*</b>	0	2017-2021 <b>1.4%</b>	0
Persons with a disability	2015-2019 <b>18.9%</b>	2017-2021 <b>21.0%</b>	N/A	2017-2021 <b>17.5%</b>	!	2021 <b>15.5%</b>	
Foreign born	2015-2019 <b>6.8%</b>	2018-2022 <b>10.0%</b>	N/A	2018-2022 <b>4.8%</b>	N/A	2018-2022 <b>3.8%</b>	N/A
Limited English Proficiency	2015-2019 <b>4.5%</b>	2018-2022 <b>6.0%</b>	N/A	2018-2022 <b>2.7%</b>	N/A	2018-2022 <b>1.5%</b>	N/A
Social Drivers of Health							
Individuals living in poverty	2015-2019 <b>18.1%</b>	2017-2021 <b>16.3%</b>	N/A	2017-2021 <b>11.9%</b>	!	2017-2021 <b>11.0%</b>	!
Children living in poverty	2019 <b>23.6%</b>	2018-2022 <b>25.7%</b>	N/A	2018-2022 <b>17.8%</b>	N/A	2018-2022 <b>13.4%</b>	N/A
Median household income	2015-2019 <b>\$44,532</b>	2017-2021 <b>\$48,069</b>	N/A	2017-2021 <b>\$59,287</b>	!	2017-2021 \$ <b>63,182</b>	!
Unemployment	2021 <b>5.7%</b>	_	N/A	2023 <b>2.9%</b>	N/A	۸	N/A
High school student graduation	2021 <b>67.0%</b>	_	N/A	2022-2023 <b>81.0%</b>	N/A	2023 <b>87.3%</b>	N/A
Associate's degree or higher among those age 25 and older	2015-2019 <b>30.9%</b>	2018-2022 <b>33.2%</b>	N/A	2018-2022 <b>35.3%</b>	N/A	2018-2022 <b>44.4%</b>	N/A
Households that spend more than 50% of income toward housing	2016-2020 <b>14.9%</b>	2018-2022 <b>15.1%</b>	N/A	2018-2022 <b>11.5%</b>	N/A	2018-2022 <b>11.3%</b>	N/A
Median gross rent	2015-2019 <b>\$748</b>	2018-2022 <b>\$903</b>	N/A	2018-2022 <b>\$916</b>	N/A	2018-2022 \$ <b>853</b>	N/A
Median housing value	2015-2019 <b>\$140,600</b>	2018-2022 <b>\$189,500</b>	N/A	2018-2022 <b>\$211,800</b>	N/A	2018-2022 <b>\$244,800</b>	N/A

		Lewiston		E	Benchm	arks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Social Drivers of Health (conti	nued)						
Total housing units	2015-2019 <b>16,793</b>	2018-2022 <b>16,725</b>	N/A	2018-2022 <b>49,923</b>	N/A	2018-2022 <b>741,803</b>	N/A
Housing occupancy	2015-2019 <b>93.0%</b>	2018-2022 <b>93.3%</b>	N/A	2018-2022 <b>91.8%</b>	N/A	2018-2022 <b>78.2%</b>	N/A
Owner-occupied housing	2015-2019 <b>50.2%</b>	2018-2022 <b>49.5%</b>	N/A	2018-2022 <b>66.4%</b>	N/A	2018-2022 <b>73.5%</b>	N/A
Owner-occupied households without mortgage	2015-2019 <b>34.9%</b>	2018-2022 <b>34.3%</b>	N/A	2018-2022 <b>33.9%</b>	N/A	2018-2022 <b>40.2%</b>	N/A
65+ living alone	2019 <b>38.9%</b>	2018-2022 <b>40.1%</b>	N/A	2018-2022 <b>30.8%</b>	N/A	2018-2022 <b>29.5%</b>	N/A
Households with no phone services	2015-2019 <b>1.5%</b>	2018-2022 <b>1.2%</b>	N/A	2018-2022 <b>1.0%</b>	N/A	2018-2022 <b>0.9%</b>	N/A
Total households with a broadband subscription	2015-2019 <b>77.8%</b>	2018-2022 <b>83.4%</b>	N/A	2018-2022 <b>87.2%</b>	N/A	2018-2022 <b>87.3%</b>	N/A
Total households with a computer	2015-2019 <b>87.5%</b>	2018-2022 <b>90.5%</b>	N/A	2018-2022 <b>92.6%</b>	N/A	2018-2022 <b>92.9%</b>	N/A
Housing insecure (high school students)	2019 <b>4.7%</b>	_	N/A	2023 ~	N/A	2023 <b>2.6%</b>	N/A
No vehicle for the household	2015-2019 <b>5.2%</b>	2017-2021 <b>6.0%</b>	N/A	2017-2021 <b>2.8%</b>	0	2017-2021 <b>2.1%</b>	!
Commute of greater than 30 minutes driving alone	2019 <b>28.7%</b>	2018-2022 <b>30.2%</b>	N/A	2018-2022 <b>36.4%</b>	N/A	2018-2022 <b>34.0%</b>	N/A
Access							
Uninsured	2015-2019 <b>10.8%</b>	2017-2021 <b>8.4%</b>	N/A	2017-2021 <b>7.7%</b>	0	2017-2021 <b>7.4%</b>	0
Physical Activity, Nutrition and	d Weight						
Obesity (high school students)	2019 <b>14.9%</b>	_	N/A	2023	N/A	2023 <b>15.7%</b>	N/A
Overweight (high school students)	2019 <b>20.4%</b>	_	N/A	2023	N/A	2023 <b>16.0%</b>	N/A
Met physical activity recommendations (high school students)	2019 <b>19.7%</b>	_	N/A	2023	N/A	2023 <b>47.7%</b>	N/A
Met physical activity recommendations (middle school students)	2019 <b>16.9%</b>	_	N/A	2023 <b>45.6%</b>	N/A	2023 <b>50.2%</b>	N/A

	Lewiston			Benchmarks			
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Physical Activity, Nutrition and	d Weight (cor	ntinued)					
Fruit and vegetable consumption (high school students reporting five or more a day)	2019 <b>17.0%</b>	_	N/A	2023	N/A	2023 <b>14.2%</b>	N/A
Fruit and vegetable consumption (middle school students reporting five or more a day)	2019 <b>20.3%</b>	_	N/A	2023 <b>16.0%</b>	N/A	2023 <b>18.9%</b>	N/A
Soda/sports drink consumption (high school students reporting one or more a day)	2019 <b>20.8%</b>	ı	N/A	2023 ~	N/A	2023 <b>25.3%</b>	N/A
Soda/sports drink consumption (middle school students reporting one or more a day)	2019 <b>26.1%</b>	_	N/A	2023 <b>26.4%</b>	N/A	2019 <b>17.7%</b>	N/A
Intentional Injury							
Bullying on school property (high school students)	2019 <b>18.2%</b>	_	N/A	2023 ~	N/A	2023 <b>21.9%</b>	N/A
Bullying on school property (middle school students)	2019 <b>42.6%</b>	_	N/A	2023 <b>49.6%</b>	N/A	2023 <b>48.6%</b>	N/A
Violent crime rate per 100,000 population	2019 <b>268.1</b>	_	N/A	2022 <b>183</b>	N/A	2022 <b>1,404</b>	N/A
Mental Health							
Sad/hopeless for two weeks in a row (high school students)	2019 <b>28.7%</b>	_	N/A	2023	N/A	2023 <b>35.0%</b>	N/A
Seriously considered suicide (high school students)	2019 <b>15.4%</b>		N/A	2023	N/A	2023 <b>17.8%</b>	N/A
Seriously considered suicide (middle school students)	2019 <b>22.7%</b>	I	N/A	2023 <b>21.2%</b>	N/A	2023 <b>21.8%</b>	N/A
Substance Use							
Overdose deaths per 100,000 population	2020 <b>85.6</b>	_	N/A	2023 <b>69.0</b>	N/A	2023 <b>607</b>	N/A
Past-30-day alcohol use (high school students)	2019 <b>15.2%</b>	_	N/A	2023	N/A	2023 <b>20.5%</b>	N/A
Past-30-day alcohol use (middle school students)	2019 <b>2.6%</b>	_	N/A	2023 <b>3.5%</b>	N/A	2023 <b>4.8%</b>	N/A

		Lewiston		ı	Benchm	arks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Substance Use (continued)							
Binge drinking (high school students)	2019 <b>5.7%</b>	_	N/A	۸	N/A	۸	N/A
Binge drinking (middle school students)	2019 <b>1.0%</b>	_	N/A	2023 <b>1.4%</b>	0	2023 <b>1.8%</b>	N/A
Past-30-day marijuana use (high school students)	2019 <b>18.0%</b>	_	N/A	2023	N/A	2023 <b>18.7%</b>	N/A
Past-30-day marijuana use (middle school students)	2019 <b>4.9%</b>	_	N/A	2023 <b>5.1%</b>	0	2023 <b>5.0%</b>	N/A
Past-30-day misuse of prescription drugs (high school students)	2019 <b>6.0%</b>	_	N/A	2023	N/A	2023 <b>5.2%</b>	N/A
Past-30-day misuse of prescription drugs (middle school students)	2019 <b>2.9%</b>	_	N/A	2023 <b>4.7%</b>	0	2023 <b>4.9%</b>	N/A
Tobacco Use							
Past-30-day cigarette smoking (high school students)	2019 <b>4.9%</b>	_	N/A	2023	N/A	2023 <b>5.6%</b>	N/A
Past-30-day cigarette smoking (middle school students)	2019 <b>2.1%</b>	_	N/A	2023 <b>1.8%</b>	0	2023 <b>2.0%</b>	N/A
Past-30-day tobacco use (high school students)	2019 <b>9.1%</b>	_	N/A	2023	N/A	2023 <b>7.6%</b>	N/A
Past-30-day tobacco use (middle school students)	2019 <b>2.6%</b>	_	N/A	2023 <b>2.7%</b>	0	2023 <b>3.1%</b>	N/A
Environmental tobacco smoke exposure (high school students)	2019 <b>23.4%</b>	_	N/A	2023	N/A	2023 <b>19.3%</b>	N/A
Environmental tobacco smoke exposure (middle school students)	2019 <b>21.5%</b>	_	N/A	2023 <b>20.1%</b>	0	2023 <b>19.9%</b>	N/A

## Population with disability by Type

The following chart compares the population with disability by type for Androscoggin County and Lewiston.

Disability Type	Androscoggin County	Lewiston
Ambulatory difficulty	8.6%	10.0%
Cognitive difficulty	8.2%	10.6%
Independent living difficulty	7.3%	8.1%
Hearing difficulty	4.4%	4.5%
Self-care difficulty	2.6%	3.8%
Vision difficulty	2.2%	2.5%

## Children with Disability by Type

The following chart compares children with disability by type for Androscoggin County and Lewiston.

Disability Type	Androscoggin County	Lewiston
Cognitive difficulty	9.2%	11.9%
Self-care difficulty	2.7%	4.5%
Ambulatory difficulty	1.9%	2.8%
Vision difficulty	0.9%	1.5%
Hearing difficulty	0.5%	1.1%

#### Language Spoken

The following chart compares the language spoken for Androscoggin County and Lewiston.

Language	Androscoggin County	Lewiston
English only	89.4%	78.8%
Other Indo-European languages	6.8%	12.4%
Other languages	2.2%	6.2%
Spanish	1.0%	1.3%
Asian and Pacific Islander	0.6%	1.3%
languages	0.6%	1.5%

#### Income

The following chart compares income for Androscoggin County and Lewiston.

Income	Androscoggin County	Lewiston
Less than \$10,000	3.8%	6.1%
\$10,000 to \$14,999	4.7%	7.5%
\$15,000 to \$24,999	7.8%	8.8%
\$25,000 to \$34,999	9.6%	11.5%
\$35,000 to \$49,999	12.6%	12.6%
\$50,000 to \$74,999	18.4%	17.0%
\$75,000 to \$99,999	13.8%	13.4%
\$100,000 to \$149,999	17.1%	15.2%
\$150,000 to \$199,999	7.1%	5.4%
\$200,000 or more	4.9%	2.5%

## Employment by Industry/Trade

The following chart compares employment by industry/trade for Androscoggin County and Lewiston.

Industry/Trade	Androscoggin County	Lewiston
Educational services, and health care and social assistance	25.5%	32.5%
Retail trade	13.0%	11.6%
Manufacturing	11.1%	9.8%
Professional, scientific, and management, and administrative and waste management services	9.8%	8.9%
Construction	7.4%	5.8%
Finance and insurance, and real estate and rental and leasing	7.2%	7.7%
Arts, entertainment, and recreation, and accommodation and food services	7.2%	8.1%
Transportation and warehousing, and utilities	5.1%	3.9%
Public administration	4.4%	3.5%
Other services, except public administration	4.3%	3.9%
Information	2.1%	2.4%
Wholesale trade	1.7%	1.5%
Agriculture, forestry, fishing and hunting, and mining	1.3%	0.5%

## Household by Type

The following chart compares household by type for Androscoggin County and Lewiston.

Household Type	Androscoggin County	Lewiston
Married-couple household	45.3%	37.4%
Female householder, no spouse/partner present	24.9%	29.6%
Male householder, no spouse/partner present	18.7%	23.4%
Cohabiting couple household	11.0%	9.6%

## Number of Vehicles by Household

The following chart compares the number of vehicles by household for Androscoggin County and Lewiston

Number of Vehicles by Household	Androscoggin County	Lewiston
2 vehicles available	38.4%	31.9%
1 vehicle available	32.9%	40.5%
3 or more vehicles available	19.7%	12.2%
No vehicles available	9.0%	15.3%

## Commute by Transportation Type

The following chart compares commute by transportation type for Androscoggin County and Lewiston.

Commute Type	Androscoggin County	Lewiston
Car, truck, or van drove alone	73.8%	69.1%
Worked from home	10.9%	9.5%
Car, truck, or van carpooled	10.8%	13.2%
Walked	3.2%	6.9%
Other means	1.1%	0.7%
Public transportation (excluding taxicab)	0.3%	0.6%

## Age of Housing Stock

The following chart compares the age of housing stock for Androscoggin County and Lewiston.

Age of Housing Stock	Androscoggin County	Lewiston
Built 1949 or earlier	33.4%	42.7%
Built 1950 to 1979	31.9%	37.8%
Built 1980 to 2009	30.0%	17.2%
Built 2010 or later	4.8%	2.1%

## **Heating Fuel Type**

The following chart compares heating fuel type for Androscoggin County and Lewiston.

Heating Fuel Type	Androscoggin County	Lewiston
Fuel oil, kerosene, etc.	62.8%	57.8%
Utility gas	14.0%	26.3%
Bottled, tank, or LP gas	7.8%	4.0%
Electricity	6.2%	7.2%
Wood	5.7%	1.1%
Other fuel	2.2%	2.0%
No fuel used	1.0%	1.3%
Coal or coke	0.1%	0.1%
Solar energy	0.1%	0.2%

## **Data for Auburn**

		Auburn		Benchmarks			
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Demographics							
Population (percent of total Maine population)	2015-2019 <b>1.7%</b>	2017-2021 <b>1.8%</b>	N/A	2017-2021 <b>8.1%</b>	N/A	_	N/A
Veterans	2015-2019 <b>9.7%</b>	2017-2021 <b>8.9%</b>	N/A	2017-2021 <b>9.4%</b>	0	2017-2021 <b>9.2%</b>	0
Transgender youth	2021 <b>1.9%</b>	_	N/A	2023 ~	N/A	2023 <b>4.5%</b>	N/A
Persons with a disability	2015-2019 <b>16.9%</b>	2017-2021 <b>16.2%</b>	N/A	2017-2021 <b>17.5%</b>	N/A	2021 <b>15.5%</b>	N/A
Foreign born	2015-2019 <b>3.3%</b>	2018-2022 <b>3.5%</b>	N/A	2018-2022 <b>4.8%</b>	N/A	2018-2022 <b>3.8%</b>	N/A
Limited English Proficiency	2015-2019 <b>2.5%</b>	2018-2022 <b>1.8%</b>	N/A	2018-2022 <b>2.7%</b>	N/A	2018-2022 <b>1.5%</b>	N/A
Social Drivers of Health							
Individuals living in poverty	2015-2019 <b>11.3%</b>	2017-2021 <b>11.1%</b>	N/A	2017-2021 <b>11.9%</b>	0	2017-2021 <b>11.0%</b>	0
Median household income	2015-2019 <b>\$49,719</b>	2017-2021 \$ <b>55,402</b>	N/A	2017-2021 <b>\$59,287</b>	0	2017-2021 \$ <b>63,182</b>	!
Unemployment	2021 <b>5.0%</b>	_	N/A	2023 <b>2.9%</b>	N/A	^	N/A
High school student graduation	2021 <b>72.0%</b>	_	N/A	2022-2023 <b>81.0%</b>	N/A	2023 <b>87.3%</b>	N/A
Associate's degree or higher among those age 25 and older	2015-2019 <b>40.5%</b>	2018-2022 <b>35.3%</b>	N/A	2018-2022 <b>35.3%</b>	N/A	2018-2022 <b>44.4%</b>	N/A
Median gross rent	2015-2019 <b>\$789</b>	2018-2022 <b>\$926</b>	N/A	2018-2022 <b>\$916</b>	N/A	2018-2022 <b>\$853</b>	N/A
Median housing value	2015-2019 <b>\$165,200</b>	2018-2022 <b>\$227,300</b>	N/A	2018-2022 <b>\$211,800</b>	N/A	2018-2022 <b>\$244,800</b>	N/A
Total housing units	2015-2019 <b>11,232</b>	2018-2022 <b>11,122</b>	N/A	2018-2022 <b>49,923</b>	N/A	2018-2022 <b>741,803</b>	N/A
Housing occupancy	2015-2019 <b>93.0%</b>	2018-2022 <b>92.7%</b>	N/A	2018-2022 <b>91.8%</b>	N/A	2018-2022 <b>78.2%</b>	N/A
Owner-occupied housing	2015-2019 <b>55.9%</b>	2018-2022 <b>58.7%</b>	N/A	2018-2022 <b>66.4%</b>	N/A	2018-2022 <b>73.5%</b>	N/A
Owner-occupied households without mortgage	2015-2019 <b>31.3%</b>	2018-2022 <b>32.9%</b>	N/A	2018-2022 <b>33.9%</b>	N/A	2018-2022 <b>40.2%</b>	N/A
65+ living alone	2019 <b>33.1%</b>	2018-2022 <b>30.8%</b>	N/A	2018-2022 <b>30.8%</b>	N/A	2018-2022 <b>29.5%</b>	N/A
Households with no phone services	2015-2019 <b>1.7%</b>	2018-2022 <b>0.8%</b>	N/A	2018-2022 <b>1.0%</b>	N/A	2018-2022 <b>0.9%</b>	N/A

	Auburn			Benchmarks			
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Social Drivers of Health (conti	nued)						
Total households with a broadband subscription	2015-2019 <b>81.7%</b>	2018-2022 <b>86.1%</b>	N/A	2018-2022 <b>87.2%</b>	N/A	2018-2022 <b>87.3%</b>	N/A
Total households with a computer	2015-2019 <b>89.3%</b>	2018-2022 <b>91.7%</b>	N/A	2018-2022 <b>92.6%</b>	N/A	2018-2022 <b>92.9%</b>	N/A
Housing insecure (high school students)	2019 <b>4.1%</b>	_	N/A	2023 ~	N/A	2023 <b>2.6%</b>	N/A
No vehicle for the household	2015-2019 <b>3.2%</b>	2017-2021 <b>2.5%</b>	N/A	2017-2021 <b>2.8%</b>	0	2017-2021 <b>2.1%</b>	0
Commute of greater than 30 minutes driving alone	2019 <b>30.6%</b>	2018-2022 <b>32.2%</b>	N/A	2018-2022 <b>36.4%</b>	N/A	2018-2022 <b>34.0%</b>	N/A
Access							
Uninsured	2015-2019 <b>7.2%</b>	2017-2021 <b>7.1%</b>	N/A	2017-2021 <b>7.7%</b>	0	2017-2021 <b>7.4%</b>	0
Physical Activity, Nutrition and	d Weight						
Obesity (high school students)	2019 <b>19.2%</b>	_	N/A	2023 ~	N/A	2023 <b>15.7%</b>	N/A
Overweight (high school students)	2019 <b>15.6%</b>	_	N/A	2023	N/A	2023 <b>16.0%</b>	N/A
Met physical activity recommendations (high school students)	2019 <b>23.8%</b>	_	N/A	2023	N/A	2023 <b>47.7%</b>	N/A
Met physical activity recommendations (middle school students)	2019 <b>25.8%</b>	_	N/A	2023 <b>45.6%</b>	N/A	2023 <b>50.2%</b>	N/A
Fruit and vegetable consumption (high school students reporting five or more a day)	2019 <b>15.9%</b>	_	N/A	2023	N/A	2023 <b>14.2%</b>	N/A
Fruit and vegetable consumption (middle school students reporting five or more a day)	2019 <b>20.0%</b>	_	N/A	2023 <b>16.0%</b>	N/A	2023 <b>18.9%</b>	N/A
Soda/sports drink consumption (high school students reporting one or more a day)	2019 <b>16.4%</b>	_	N/A	2023 ~	N/A	2023 <b>25.3%</b>	N/A
Soda/sports drink consumption (middle school students reporting one or more a day)	2019 <b>18.4%</b>	_	N/A	2023 <b>26.4%</b>	N/A	2019 <b>17.7%</b>	N/A

	Auburn			ı	Benchm	arks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Intentional Injury							
Bullying on school property (high school students)	2019 <b>26.6%</b>	_	N/A	2023 ~	N/A	2023 <b>21.9%</b>	N/A
Bullying on school property (middle school students)	2019 <b>43.4%</b>	_	N/A	2023 <b>49.6%</b>	N/A	2023 <b>48.6%</b>	N/A
Violent crime rate per 100,000 population	2019 <b>196.1*</b>	_	N/A	2022 <b>183</b>	N/A	2022 <b>1,404</b>	N/A
Mental Health							
Sad/hopeless for two weeks in a row (high school students)	2019 <b>36.9%</b>	_	N/A	2023	N/A	2023 <b>35.0%</b>	N/A
Seriously considered suicide (high school students)	2019 <b>13.5%</b>	_	N/A	2023 ~	N/A	2023 <b>17.8%</b>	N/A
Seriously considered suicide (middle school students)	2019 <b>20.0%</b>	_	N/A	2023 <b>21.2%</b>	N/A	2023 <b>21.8%</b>	N/A
Substance Use							
Past-30-day alcohol use (high school students)	2019 <b>17.7%</b>	_	N/A	2023 ~	N/A	2023 <b>20.5%</b>	N/A
Past-30-day alcohol use (middle school students)	2019 <b>2.5%</b>	_	N/A	2023 <b>3.5%</b>	N/A	2023 <b>4.8%</b>	N/A
Binge drinking (high school students)	2019 <b>6.6%</b>	_	N/A	۸	N/A	۸	N/A
Binge drinking (middle school students)	2019	_	N/A	2023 <b>1.4%</b>	N/A	2023 <b>1.8%</b>	N/A
Past-30-day marijuana use (high school students)	2019 <b>23.4%</b>	_	N/A	2023	N/A	2023 <b>18.7%</b>	N/A
Past-30-day marijuana use (middle school students)	2019 <b>3.7%</b>	_	N/A	2023 <b>5.1%</b>	N/A	2023 <b>5.0%</b>	N/A
Past-30-day misuse of prescription drugs (high school students)	2019 <b>5.3%</b>	_	N/A	2023	N/A	2023 <b>5.2%</b>	N/A
Past-30-day misuse of prescription drugs (middle school students)	2019 <b>4.7%</b>	_	N/A	2023 <b>4.7%</b>	N/A	2023 <b>4.9%</b>	N/A

	Auburn			I	Benchm	arks	
Indicator	Point 1	Point 2	Change	Androscoggin	+/-	Maine	+/-
Tobacco Use							
Past-30-day cigarette smoking (high school students)	2019 <b>8.0%</b>	_	N/A	2023	N/A	2023 <b>5.6%</b>	N/A
Past-30-day cigarette smoking (middle school students)	2019	_	N/A	2023 <b>1.8%</b>	N/A	2023 <b>2.0%</b>	N/A
Past-30-day tobacco use (high school students)	2019 <b>10.6%</b>	_	N/A	2023	N/A	2023 <b>7.6%</b>	N/A
Past-30-day tobacco use (middle school students)	2019 <b>2.5%</b>	_	N/A	2023 <b>2.7%</b>	N/A	2023 <b>3.1%</b>	N/A
Environmental tobacco smoke exposure (high school students)	2019 <b>26.4%</b>	_	N/A	2023	N/A	2023 <b>19.3%</b>	N/A
Environmental tobacco smoke exposure (middle school students)	2019 <b>22.3%</b>	_	N/A	2023 <b>20.1%</b>	N/A	2023 <b>19.9%</b>	N/A

## Language Spoken

The following chart compares the language spoken for Androscoggin County and Auburn.

Language	Androscoggin County	Auburn
English only	89.4%	92.2%
Other Indo-European languages	6.8%	5.2%
Other languages	2.2%	0.5%
Spanish	1.0%	1.3%
Asian and Pacific Islander languages	0.6%	0.3%

#### Income

The following chart compares income for Androscoggin County and Auburn.

Income	Androscoggin County	Auburn
Less than \$10,000	3.8%	4.4%
\$10,000 to \$14,999	4.7%	5.0%
\$15,000 to \$24,999	7.8%	9.9%
\$25,000 to \$34,999	9.6%	9.1%
\$35,000 to \$49,999	12.6%	13.0%
\$50,000 to \$74,999	18.4%	18.3%
\$75,000 to \$99,999	13.8%	11.6%
\$100,000 to \$149,999	17.1%	15.3%
\$150,000 to \$199,999	7.1%	6.1%
\$200,000 or more	4.9%	7.2%

## Employment by Industry/Trade

The following chart compares employment by industry/trade for Androscoggin County and Auburn.

Industry/Trade	Androscoggin County	Auburn
Educational services, and health care and social assistance	25.5%	24.7%
Retail trade	13.0%	12.7%
Manufacturing	11.1%	9.9%
Professional, scientific, and management, and administrative and waste management services	9.8%	11.6%
Construction	7.4%	7.2%
Finance and insurance, and real estate and rental and leasing	7.2%	8.1%
Arts, entertainment, and recreation, and accommodation and food services	7.2%	10.1%
Transportation and warehousing, and utilities	5.1%	4.6%
Public administration	4.4%	3.1%
Other services, except public administration	4.3%	3.3%
Information	2.1%	1.6%
Wholesale trade	1.7%	2.2%
Agriculture, forestry, fishing and hunting, and mining	1.3%	1.0%

## Household by Type

The following chart compares household by type for Androscoggin County and Auburn.

Household Type	Androscoggin County	Auburn
Married-couple household	45.3%	39.3%
Female householder, no		27 50/
spouse/partner present	24.9%	27.5%
Male householder, no		20.7%
spouse/partner present	18.7%	20.7%
Cohabiting couple household	11.0%	12.4%

## Number of Vehicles by Household

The following chart compares the number of vehicles by household for Androscoggin County and Auburn.

Number of Vehicles by Household	Androscoggin County	Auburn
2 vehicles available	38.4%	32.9%
1 vehicle available	32.9%	38.7%
3 or more vehicles available	19.7%	17.4%
No vehicles available	9.0%	10.9%

#### Commute by Transportation Type

The following chart compares commute by transportation type for Androscoggin County and Auburn.

Commute Type	Androscoggin County	Auburn
Car, truck, or van drove alone	73.8%	75.2%
Worked from home	10.9%	10.0%
Car, truck, or van carpooled	10.8%	10.0%
Walked	3.2%	3.0%
Other means	1.1%	1.3%
Public transportation (excluding taxicab)	0.3%	0.5%

## Age of Housing Stock

The following chart compares the age of housing stock for Androscoggin County and Auburn.

Age of Housing Stock	Androscoggin County	Auburn
Built 1949 or earlier	33.4%	46.6%
Built 1950 to 1979	31.9%	29.3%
Built 1980 to 2009	30.0%	20.7%
Built 2010 or later	4.8%	3.3%

## Heating Fuel Type

The following chart compares heating fuel type for Androscoggin County and Auburn.

Heating Fuel Type	Androscoggin County	Auburn
Fuel oil, kerosene, etc.	62.8%	55.1%
Utility gas	14.0%	21.3%
Bottled, tank, or LP gas	7.8%	8.4%
Electricity	6.2%	9.5%
Wood	5.7%	3.1%
Other fuel	2.2%	2.1%
No fuel used	1.0%	0.5%
Coal or coke	0.1%	0.0%
Solar energy	0.1%	0.0%

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaborative partnership between Central Maine Healthcare, Northern Light Health, MaineGeneral Health, MaineHealth, the Maine Center for Disease Control and Prevention, and the Maine Community Action Partnership. By engaging and learning from people and communities and through data analysis, the partnership aims to improve the health and well-being of all people living in Maine. This is the sixth collaborative Maine Shared CHNA.

The mission of the Maine Shared CHNA is to:

- Create Shared CHNA reports,
- Engage and activate communities, and
- Support data-driven improvements in health and well-being for all people living in Maine.

These data profiles, as well as additional information and data, can be found online at the Maine Shared CHNA's website - www.mainechna.org.













